Ballad Health's Center for Post-COVID Care

Ballad Health has recently launched their Center for Post-COVID Care (CPCC), a combined virtual and in-person care resource for patients age 12 and older who are struggling with post-COVID symptomology. The CPCC utilizes a comprehensive intake assessment to help identify post-COVID symptoms, and if further evaluation is warranted, patients will be referred appropriately. The CPCC can provide services such as virtual support groups and care navigation between primary and specialty care providers.

> Patients who could qualify for the CPCC include those who have recovered from COVID-19 and experience lingering symptoms, such as:
>
> - Behavioral health issues, such as PTSD, insomnia, anxiety, and depression
> - Chronic fatigue
> - Fever
> - GI symptoms
> - Joint pain
> - Memory loss
> - Mood issues
> - Trouble breathing, residual pulmonary manifestations and coughs
> - Vision problems
> - Weakness and poor endurance
> - Myocardial injury
> - Autonomic function: pain, hypercoagulability
> - Impaired renal function

You can use the attached form to make referrals to the CPCC. Patients may also contact the clinic's care manager or go to https://www.balladhealth.org/medical-services/center-post-covid-care to schedule an intake assessment themselves.

CPCC contact details:
Phone: 423-952-2183   Fax: 423.282.1216   Email: postcovid@balladhealth.org