



Sylvan Health Dietary Care Referral Source

Sylvan Health is a network of Registered Dietitians that partner with Physicians to provide personalized medical nutrition therapy. Following a referral, the dietician will reach out to the patient to discuss which services are covered by their insurance. There is no cost to ETSU Health, and Sylvan Health is in network with numerous insurance payers.



Thank you for continuing to send patients to Sylvan Health for personalized nutrition counseling!
For those that prefer, we are now accepting referrals using our **direct address**:

SylvanHealth@direct.getreferralmd.com

We also receive referrals via e-fax at 833.453.1596.

Please include recent office visit notes, labs, insurance information, & contact information (including email).

Sylvan Health is in network with the following payers:
Aetna, Aetna MA, BCBS, BCBS MA, Cigna, Cigna MA, Humana, Humana MA, Medicare, United, United MA.