



Humana - Avoidable Hospitalizations Measure

Avoidable hospitalizations are hospital admissions and observation stays (including readmissions) that are likely preventable through effective chronic care management and access to high-quality primary care. This allows providers to manage disease progression and help direct the appropriate level of care rather than using the emergency room or admitting a patient.

Measure Specifications: The total number of acute inpatient and observation visits with a principal diagnosis related to the following acute or chronic conditions within the measurement year per 1,000 Humana patients 18 years of age or older. (Obstetric admissions are excluded.)

Conditions:

- Diabetes short-term complications
- Diabetes long-term complications
- Uncontrolled diabetes
- Lower-extremity amputation in patients with diabetes
- Chronic obstructive pulmonary disease (COPD)
- Asthma in younger adults
- Hypertension
- Heart failure
- Bacterial pneumonia
- Urinary Tract Infection

Target: Humana's 2022 target for the Avoidable Hospitalizations measure is < 49. Our 2021 rate (data through 9/30/2021) was **45.5 (per 1k)**.

2021 Humana Avoidable Hospitalizations/1000 (data through 09/30/2021)		
	Total Humana Patients	Avoidable Hospitalizations/1000
Johnson City Internal Medicine	167	100
Kingsport Internal Medicine	116	11.1
Johnson City Family Medicine	82	50.9
Kingsport Family Medicine	69	37.1
Bristol Family Medicine	131	10.3
ETSU-PPO/PFFS*	54	31

*Note: Humana Private Fee-for-Service (PFFS) members do not have to select a PCP; therefore, these patients are not "attributed" to a single clinic.