

Controlling High Blood Pressure

Description: Percentage of patients 18-85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled (< 140/90 mmHg) during the measurement period

Initial Population: Patients 18-85 years of age who had a diagnosis of essential hypertension within the first six months of the measurement period or any time prior to the measurement period

Denominator: Equals Initial Population

Numerator: Patients whose blood pressure at the most recent visit is adequately controlled (systolic blood pressure < 140 mmHg and diastolic blood pressure < 90 mmHg) during the measurement period

Exclusions: Patients with evidence of end stage renal disease (ESRD), dialysis or renal transplant before or during the measurement period. Also exclude patients with a diagnosis of pregnancy during the measurement period.

If the patient's blood pressure is over 140/90, RETAKE it. The only action that closes the gap is a blood pressure under 140/90.

Here are some guidelines to following when retaking a blood pressure:

- Make sure the cuff fits correctly
- Retake it on the other arm
- Make sure the patient is sitting correctly, no crossed-legs
- Take it in the dark or lying down
- Add ALL blood pressure reading in Allscripts (even if it's over 140/90)

Multiple blood pressures taken on the same day in Allscripts is easily viewed:

Data Includes: All		Select	Goal	12 Apr 2017		
Item Name				3:51 PM(2)	3:51 PM(1)	3:50 PM
Temperature	<input type="checkbox"/>	New				
Systolic	<input type="checkbox"/>	< 130	146	138	142	
Diastolic	<input type="checkbox"/>	< 70	88	92	96	