



Adverse Childhood Experiences (ACEs) Screening



- ◆ ACEs originated from a groundbreaking 1995 study by the CDC and Kaiser Permanente.
- ◆ ACEs are common, even among the upper and middle class
- ◆ More than two-thirds of the adult population report experiencing at least one ACE; nearly one quarter have experienced three or more.
- ◆ **A high ACEs score correlates with increased risk of heart disease, diabetes, obesity, depression, smoking, and early death, among others**

Adult ACEs Questionnaire

At any point when you were a child:

1. Your parents were separated or divorced
2. You lived with a household member who served time in jail or prison
3. You lived with a household member who was depressed, mentally ill, or attempted suicide
4. You saw or heard household members hurt or threaten to hurt each other
5. A household member swore at, insulted, humiliated, or put you down in a way that scared you OR a household member acted in a way that made you feel afraid that you might be physically hurt
6. More than once, you went without food, clothing, a place to live, or had no one to protect you
7. Someone pushed, grabbed, slapped, or threw something at you OR you were hit so hard that you were injured or had marks
8. Someone touched your private parts or asked you to touch their private parts in a sexual way
9. You lived with someone who had a problem with drinking or doing drugs
10. You often felt unsupported, unloved, and/or unprotected

Share of Health Outcomes and Behaviors Attributed to Tennesseans' Adverse Childhood Experiences

The Estimated Proportion of Each Adult Health Outcomes/Behavior in TN That Is Attributable ACEs (2014-2017)

