July 19, 2021

ETSU Population Health: QI Weekly

## Amerigroup MA - Medication Therapy Management (MTM) Program

Qualifying Amerigroup MA patients are eligible to receive individualized comprehensive medication management services from a clinical pharmacist at no cost. MTM services will include an annual comprehensive medication review, followed by quarterly targeted medication reviews.

## MTM can provide many important benefits to both patients and providers, such as:

- Identification of preventable medication safety issues (for example, side effects, duplication of therapy, etc.)
- Improved medication adherence
- Optimization of therapies
- Reduced costs
- Improved patient satisfaction and Medicare star ratings

## Amerigroup MA patients who qualify to receive MTM services:

- Take eight or more medications covered by Medicare Part D.
- Spend \$4,376 per year on Part D medications.
- Have three or more chronic conditions:
  - Congestive heart failure
  - Diabetes
  - Hyperlipidemia
  - Hypertension
  - Rheumatoid arthritis

Eligible Amerigroup MA patients who are interested in participating can call **1-833-215-1137**.

The MTM Program also functions as one of our quality measures for this population. Since the program's outreach is conducted solely by Amerigroup's pharmacy team, we do not have direct influence over our patients' participation. However, it may be helpful for our providers to familiarize themselves with this program and help encourage high-risk patients to participate if they receive an outreach call from Amerigroup.