



QI Weekly



Antidepressant Medication Management

Antidepressant Medication Management (AMM)

Measure Detail: The percentage of members 18 years or older who were treated with antidepressant medication, had a diagnosis of major depression, and remained on an antidepressant medication treatment

Service Needed: The goal for this measure is medication compliance.
Two rates are reported:

1. **Effective Acute Phase Treatment** - the percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks)
2. **Effective Continuation Phase Treatment** - the percentage of members who remained on an antidepressant medication for at least 180 days (6 months)

Exclusions: Members who do not have a diagnosis of major depression in an inpatient, outpatient, ED, intensive outpatient, partial hospitalization, or telehealth setting from 60 days prior to the date of the first prescription through 60 days after the first prescription; Members in hospice

TennCare AMM Data - September 2020

Amerigroup	UHC Community	BlueCare	2020 Threshold
39%	41%	40%	≥ 40%

Note: these numbers reflect the entire Tax ID, not just one clinic.

Helpful Tips for Managing Medication Compliance

- Educate your patients and their families about the importance of keeping follow-up appointments, taking their medication as prescribed, and staying engaged in behavioral health services.
- Align refills with follow-up appointments.
- Talk with patients about the potential side effects of a medication. Encourage them to call or come in for a visit before stopping the medication.
- There are acceptable gaps for the acute treatment phases (up to 31 days) and continuation treatment phases (up to 52 days). This means you can close gaps, even if patients forget to refill their medication on schedule.