



BMI Composite

BMI Composite is made up of two measures; *Adult BMI* and *Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents*. The composite measure is a part of our TennCare and UPL programs, but individually, the measures are also found in several of our commercial payer programs.

Measure: Adult BMI

- Patients age 18-74 need a BMI documented each year
- Documentation must include current height and weight of the patient
- Allscripts will automatically calculate the BMI
- Exclusions: Pregnancy. Hospice. (During the calendar year)

Measure: Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents

Measure Details: This measure has three components and applies to patients age 3-17.

- BMI percentile documented each year
- Counseling for Nutrition each year
- Counseling for Physical Activity



Workflow Recommendations

- Check the BMI of your patients at the first visit of each year, in case the patient misses their annual wellness visit.
- Make sure to get a height on your adult patients annually, and at every visit for children and adolescents.
- In order to get credit for the counseling, it is preferred that an actual ORDER be placed for both nutrition and physical activity. Clicking the Anticipatory Guidelines boxes in the well-child notes can be used, but requires a manual chart review in order to close the gap.