



Controlling Blood Pressure

Controlling Blood Pressure (CBP) is now a **triple-weighted** quality measure for our MA plans. CBP significantly impacts our overall performance in numerous programs, including TennCare.

Measure Goal

- Patients ages 18-85 with hypertension need a controlled BP reading of < 140/90 during the measurement year.

Key Points:

- The patient's last BP reading of the year counts for the measure; therefore, it is important to try to get a controlled blood pressure at EVERY visit.
- If the first BP is elevated, let the patient relax and reposition, then retake the BP.
 - If still elevated, please take again at the end of the visit and document in the Vitals panel.
- If the BP is taken multiple times, the lowest diastolic and the lowest systolic value from each reading can count to close the gap.
- Patients can self-report their BP if their reading was taken on a digital device the same day as the visit. Documentation within the note must reflect these requirements.

Exclusions:

- Hospice or palliative care
- ESRD, dialysis, or kidney transplant
- ≥ 66 years of age with advanced illness and frailty diagnoses or ≥ 81 years of age with a frailty diagnosis
- Pregnancy during the measurement year

2021 Controlling Blood Pressure Performance				
Program	Number Eligible	Number Compliant	Percentage Compliant	Program Target
BCBS Commercial	405	263	65%	74%
BCBS MA	251	165	65.74%	82%
Amerigroup MA	58	35	60.34%	75%
Humana	275	174	63.20%	82%
BlueCare Plus	58	38	65.52%	82%
BlueCare - TennCare	218	141	64.70%	49%
Amerigroup - TennCare	218	120	55.05%	49%
UHC Community - TennCare	214	133	62.15%	49%

- Note, Final 2021 scores have not been released. Scores are subject to change slightly with runout.