



Diabetes HbA1c

Long-term Complications of Uncontrolled Diabetes:

Chronic Kidney Disease (CKD):

- According to the CDC (data through 2018), 37% of adults diagnosed with diabetes had CKD (stages 1 through 4); and fewer than 25% with moderate to severe CKD (stage 3 or 4) were aware of their condition.

Foot Ulcers and Amputations:

- According to the American Diabetes Association, worldwide, a person loses a limb due to diabetes-related complications every 30 seconds.
- A 2012 NIH study found that foot ulcers occur in 4-10% of people with diabetes.
 - > 5-24% of ulcers will eventually lead to limb amputation within 6–18 months of the initial evaluation



Comprehensive Diabetes Care: HbA1c

Patient Population: Diabetic patients 18 to 75 years of age who have evidence of:

- HbA1c testing
- HbA1c controlled <8% (*threshold varies by payer, but <8% is the most stringent*)

Service Needed:

- HbA1c testing on all diabetic patients in 2020
- AND*
- Diabetes management so that all patients have the most recent HbA1c in 2020 \leq 8%

Note: The measure counts the last A1c of the year. Excludes patients with gestational or steroid-induced diabetes and non-diabetic patients

If a patient has chronically-elevated HbA1c, check to see if your clinic has services available to help, including:

- Nutritional Counseling
- Case Management
- Patient Support Groups

