

# QI Weekly



## **DMARD Therapy for Rheumatoid Arthritis**



### Goals of DMARD Therapy for Rheumatoid Arthritis

DMARDs are designed to slow the damage done to joints, reduce the frequency of disease flare-ups, and allow for tapering of steroids while sustaining disease control.

Measure: DMARD Therapy for Rheumatoid Arthritis (RA)

**Measure Detail:** 

Patients with an active diagnosis of rheumatoid arthritis, age 18 to 81 AND have received at least one fill of a DMARD during the measurement year are included.

#### **Exclusions:**

- Hospice Care
- Living in a facility or SNF
- Diagnosis of HIV
- Pregnancy during the measurement year

**Goal:** The goal of this measure is to ensure patients prescribed a DMARD receive routine check ups and regularly filled prescriptions.

### DMARD Overview

Disease-modifying antirheumatic drugs (DMARD) are indicated for the treatment of rheumatoid arthritis and many other autoimmune disorders.

## **DMARD Therapy Examples**

- Aminoquinolines
- 5-Aminosalicylates
- Anti-rheumatics
- Immunomodulators
- Immunosuppressive agents
- Tetracyclines
- Janus Kinase (JAK) Inhibitor