

# QI Weekly



## **Humana MA 2021 Pharmacy Changes**

#### **New Polypharmacy Measures:**

Beginning January 1, 2021, Humana will implement a "soft reject" at point of sale for <u>new</u> patients being prescribed the following combination of medications.

Soft Reject - Pharmacist can override by submitting a PPS code

#### Multiple Use of Anticholinergics (ACH) in Older Adults

Individuals age 65 years and older with concurrent use of 2 or more unique ACH medications

Anticholinergic medication classes included in this measure:	
Antihistamines	Antiarrhythmics
Antiparkinsonian agents	Antimuscarinics
Skeletal muscle relaxants	Antispasmodics
Antidepressants	Antiemetics
Antipsychotics	

#### Multiple Use of CNS in Older Adults

Individuals age 65 years and older with concurrent use of 3+ unique CNS-active medications

#### **CNS-active medication classes included in this measure:**

**Antipsychotics** 

Antidepressants

Benzodiazepines

Nonbenzodiazepine sedative/hypnotics

Opioid analgesics

#### **Non-Formulary Compounds**

### **Non-Formulary Compound Changes for 2021:**

- Compounds that include any IV drug ingredients will be considered on formulary
- All other compounds will be treated as non-formulary

This is primarily being put into place to prevent fraudulent claims. Humana does not believe it will affect the providers much except for the topical steroid diflorasone ointment. In 2021, any script for this will require a PA.

