



Sylvan Health Referrals

Sylvan Health is a network of Registered Dietitians that partner with physician practices to help prevent and manage chronic diseases using personalized medical nutrition therapy. Referrals and services are at no cost to ETSU Health. All payment is handled through the patient's insurance. Sylvan Health is currently in network with BCBS, BCBS MA, Aetna, Aetna MA, Cigna, United, UHC MA, and Medicare, but benefits vary based on diagnosis and insurance plan. Following a referral, the dietitian will reach out to the patient to discuss which services are covered and if the patient will have a copay. Currently, all Sylvan Health services are being conducted virtually.

Ordering a Referral in Allscripts:

Step 1: From the Orders tab, search for "Nutrition" and select Medical Nutrition Therapy Referral.

Step 2: Beside the Recipient field, click the magnifying glass symbol. Search for "Sylvan" and select Sylvan Health.

Step 3: Sylvan Health will also need the patient's insurance plan and number. This information can be accessed via the patient banner. Select the blue "I" icon, scroll all the way to the bottom, and click print. Fax the printed facesheet to: 1 (833) 453-1596.

Scanning Follow-Up Note into the Nutrition folder:

Once the patient is seen, Sylvan Health will send a note back to the provider to let them know what was discussed. This will need to be scanned into the Nutrition folder.