



QI Weekly



Patient-Centered Care Plans

Patient-centered care plans are an integral part of several of our programs: Comprehensive Primary Care (CPC+), Patient-Centered Medical Home (PCMH), and the Upper Payment Limit (UPL), and are an essential component of transforming healthcare toward wellness-based care.

What is a Patient-Centered Care Plan? It is a document, created with the patient’s input, that outlines his/her health goals, needs, self-management activities, and is accessible to all team members providing care for the patient, including specialty providers, when possible. The patient-centered care plan needs to be updated on a regular basis, to keep the patient consistently moving toward their goals.

Critical elements of a patient-centered care plan? **not limited to the following*

Patient’s Treatment Goals

Self-Management Tools

Patient’s Health Goals

Barriers to Care

Care Plan

Acute Visit, Care Plan not Needed OMT Visit, Care Plan not Needed

I am working on the following health issues:

Diabetes Elder Safety
 Hypertension Tobacco Abuse
 Weight Management COPD
 Nutrition CHF
 Other: _____

	Currently	Self-Management Goals	My Barriers/Concerns	My Self Management Plan
Hemoglobin A1C				
Blood Pressure				
Weight				
Sugar Checks				
Nutrition				
Foot Check Regimen				
Taking My Medication				
Fall Risk				
Tobacco Use				
<input type="checkbox"/> Other: _____				

Barriers:

Additional Care Plan / Self-Management Comments:

A general Care Plan form is available in the Medicare Annual Wellness note for Internal Medicine. There are also two new Care Plan forms available, which can be pulled into the Summary/Care Plan section of any note with a Summary/Care Plan section, by right-clicking and choosing Add Form Top. Search for Care Plan. Click the box next to the COPD or Diabetes Care Plan. Care Plans are sometimes specialty-specific, so look at the Specialty field to determine if you will be able to access a particular form.

In order for the patient to receive a copy of their Care Plan, ask the front desk to print the Clinical Summary (or send to portal). The Care Plan will be included in the Clinical Summary.

There may be changes coming to Care Plans in the future, so stay tuned!

For future QI Weekly ideas, please contact Jennifer Logan at loganja@etsu.edu.