



## Patient Self-Reported Blood Pressure

One of our MA quality programs has reported a recent change to the Controlled Blood Pressure (CBP) measure, and we anticipate the future adoption of this rule from other programs. Humana will now allow a patient's self-reported blood pressure to close the gap for the CPB measure. However, the self-reported blood pressure must be taken the same day as the patient is seen by their provider.

### Key Takeaway:

- To count toward potential gap closure, a provider must clearly document:
  - a. The patient's self-reported blood pressure and
  - b. Statement indicating that the reading was taken by the patient the same day as their visit

### Controlled Blood Pressure (CBP) Measure:

- Percentage of patients 18-85 years old who had a diagnosis of hypertension (HTN) and whose most recent BP was adequately controlled (<140/90mmHg) during 2021.
- The last documented BP reading in the measurement year must be in the compliant range in order to close the gap. If multiple blood pressure readings are taken and documented in the chart on the same date, the lowest systolic and lowest diastolic BP reading can be used to close the gap.