



QI Weekly



BCBS MHP Therapeutic Alternatives

Rising medication costs are a substantial percentage of our overall spend in all of our programs. Our new BCBS Medical Home Partnership (MHP) program has made therapeutic alternatives a singular component of their contract, and as such, our reimbursement is based, in part, on how well our providers adhere to the below preferred medications. Please review and prescribe the preferred or generic/alternative options whenever possible for BCBS patients.



Non-Preferred Brand Drugs

Usually have high copay or coinsurance and have not been found to be any more effective.

Generic Drug

Typically more affordable option. May treat same disease state or be a therapeutic alternative for non-preferred brand name drug.

Preferred Brand Drugs

Often a cheaper alternative, but recommended by BCBS over other options.

Therapeutic Alternatives to Top Prescribed Non-Preferred Brand Drugs

<u>Non-Preferred Brand</u>	<u>Generic/Alternative</u>	<u>Preferred Brand Alternative</u>
Humalog (Insulin)	X	Fiasp, Novolin, Novolog, Soliqua
Synthroid (Thyroid Hormones)	Levothyroxine, levoxyl, liothyronine, nature-thyroid, NP thyroid, thyroid (pork), unithroid, westhroid	X
Livalo (anti-hyperlipidemics)	Atorvastatin, cholestyramine, colesevelam, colestipol, ezetimibe, fenofibrate, fluvastatin, gemfibrozil, lovastatin, niacin, pravastatin, questran, rosuvastatin, simvastatin	Praluent pen, repatha, vascepa
Dexilant (antispasmodics)	Cimetidine, esomeprazole, famotidine, lansoprazole, misoprostol, nizatidine, omeprazole, pantoprazole, rabeprazole, ranitidine, sucralfate	X
Vivelle (estrogen)	Dotti (patch), estradiol patch	Divigel (transdermal gel)
Ventolin HFA (antiasthmatic)	Albuterol tablet, syrup, solution are available (no inhaler)	ProAir HFA
Chantix (smoking deterrent)	Nicotine gum, lozenge	X