



## Breast Cancer Screenings



### Measure Details:

- Women age 50-74 who had a mammogram in the last two years.
- Mammogram screenings should be completed every two years
- The following services will meet this measure: Screening, Diagnostic, Film, Digital, Digital Breast Tomosynthesis
- Exclusions: Hospice and Bilateral or two Unilateral mastectomies
- Be sure to assess mastectomy status annually

### Breast Cancer Statistics:

- ◆ 1 in 8 women in the United states will develop breast cancer in her lifetime
- ◆ There are over 3.5 million breast cancer survivors in the United States
- ◆ Female breast cancer represents 15.2% of all new cancer cases in the U.S.
- ◆ 62% of breast cancer cases are diagnosed at a localized stage, for which the 5-year survival rate is 99%.
- ◆ In 2019, an estimated 268,600 new cases of invasive breast cancer will be diagnosed in women in the U.S. as well as 62,930 new cases of non-invasive (in situ) breast cancer.
- ◆ Death rates from breast cancer have been declining since about 1990, in part due to better screening and early detection, increased awareness, and continually improving treatment options.
- ◆ Breast cancer is the most common cancer in American women, except for skin cancers.

Information source: <https://www.nationalbreastcancer.org/breast-cancer-facts>

### Helpful tips:

- Encourage your patients to get a mammogram screening at least every two years.
- If your patient has previously declined a mammogram it is a good idea to continue to ask at every annual wellness visit, as they may change their mind.
- Inform patients of the importance of screening, early detection, and treatment.
- Sharing some of the breast cancer statistics with patients may help convince noncompliant patients of the importance of having regular breast cancer screenings.