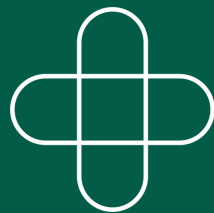


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PERSONALIZED  
MEDICAL  
NUTRITION  
THERAPY  
COVERED BY  
INSURANCE



CONTACT US

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(833) 279-5826  
info@mysylvanhealth.com  
www.mysylvanhealth.com

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SYLVAN  
HEALTH

NUTRITION  
NETWORK

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# ABOUT US

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Sylvan Health is a network of highly trained registered dietitians that acts as an extension of your office to provide medical nutrition therapy to those with chronic disease. Leveraging technology, our dietitians engage, educate, and empower patients on their journey to better health outcomes.

# WHAT WE DO

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## *Frequently Covered Diagnoses*

- Diabetes (Type 1, 2, Gestational)
- Overweight, Obesity (BMI > 30.0)
- Hypertension/High Cholesterol
- Chronic Kidney Disease
- GI Conditions (Crohn's, UC, Celiac, Food Allergies)
- Pediatric Nutrition
- Medicare: DM, CKD



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IMPROVE PATIENT  
OUTCOMES AND  
INCREASE SUCCESS  
IN VALUE-BASED  
CARE CONTRACTS

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# HOW IT WORKS

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## *Insurance Network Coverage*

- In network with BCBS, BCBS MA, Aetna, Aetna MA, Cigna, United, United MA, Medicare
- Coming Soon: Humana, Cigna MA

## *Refer Patients*

- Option 1: E-fax via EMR to Sylvan Health at 1-833-453-1596
- Option 2: Direct referral from [mysylvanhealth.com](https://mysylvanhealth.com)
- Information to Include: Recent office visit note, labs, insurance details, patient email/contact

